



NEW JERSEY HEALTH CARE QUALITY INSTITUTE

A BI-WEEKLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY



SCHWIMMER SCRIPT

PRESIDENT & CEO, LINDA SCHWIMMER

Grants Available for New Jersey Communities to Address Mental Health

Five years ago, the Quality Institute's [Mayors Wellness Campaign](#) (MWC) began annual focus groups in all 21 New Jersey counties to learn the top health concerns of our communities. Each year, mental health emerged as a critical issue, especially for adolescents and older adults.

In a partnership with the MWC, Walmart last year provided grants to cities and towns to support local programs that address mental health and the stigma that prevents people from seeking care. That funding enabled communities to create school-based community healing programs, mindfulness and yoga classes for underserved populations, Mental Health First Aid training and other initiatives.

We're thankful to Walmart for [once again providing funding](#) — and we are now inviting local communities to submit proposals...

[Read Full Story](#)

Register Now

PERINATAL MENTAL HEALTH FIRST AID

Personal Stories From Training Participants

Meet our mental health first-aiders and read their inspiring stories. Maternal mental health challenges are the *most* common complications of pregnancy and birth. To support maternal mental health, the [Quality Institute](#) trains community health workers and others who support pregnant people in [Mental Health First Aid](#).

We are thankful to [The Healthcare Foundation of New Jersey](#) for its support of our Mental Health First Aid work in Essex, Morris, and Union Counties.



*Deanna Montenegro,
Birth and Postpartum Doula
and Newborn Care Specialist*

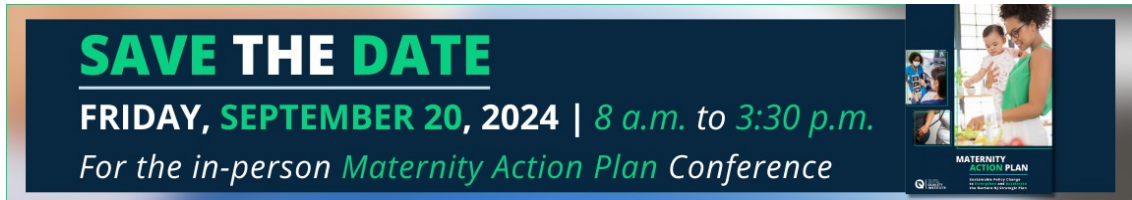


*Kesmeel Davis,
Postpartum Doula*



Jackie Martinez,
Registered Nurse

MHFA Participant Stories



SAVE THE DATE
FRIDAY, **SEPTEMBER 20, 2024** | 8 a.m. to 3:30 p.m.
For the in-person *Maternity Action Plan* Conference

The banner features a photograph of a woman holding a baby, with a smaller inset image showing a group of people. The text is in white and green on a dark blue background.

Register now for NJ [Maternity Action Plan](#) (MAP) full-day conference. Open to Quality Institute members, invited guests, and MAP education session attendees.

Register Now



Can Better Democracy Make You Healthy?
Featuring the  MAYORS WELLNESS CAMPAIGN

REGISTER

The banner has a dark blue background with white text and a green 'REGISTER' button. It includes a logo for the Mayors Wellness Campaign.

Today at 4 p.m., join the [Quality Institute](#) for a webinar exploring the connection between **health** and **democracy** through participatory budgeting.

This session will feature the [Participatory Budgeting Project](#) — [PB Seeds New Jersey](#), [The Mayors Wellness Campaign](#), [Rhode Island Participatory Budgeting Pilot Program—Health Equity Zones](#), and the [Public Health Institute at Denver Health](#).

Discuss challenges in community engagement and how the [Mayors Wellness Campaign](#) effectively guides local health and wellness initiatives.

For questions about PB you can contact Nisha Thompson at Nisha@participatorybudgeting.org.

Register Now

NEW MEMBER



VALLEY HEALTH SYSTEM

[Valley Health System](#) serves residents in northern New Jersey and southern New York. It comprises The Valley Hospital, Valley Home Care, and Valley Medical Group. Key services include cardiology, oncology, women's and children's services, emergency care,

orthopedics, and neurosciences.



For information on how to join, please contact Virginia Tesser at vtesser@njhcqi.org.

To learn more about our current initiatives, please visit our website at www.njhcqi.org.

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